

# CAMPUS UNITED UVIC

DECEMBER 2023

UVIC 2023/24 CAMPUS UNITED: FALL 2023 HIGHLIGHTS



## UVIC TEAM

2023-2024

Min-Goo Kang, Emily M.S., and Skye G.B.

Campus United is a ministry network at post-secondary schools, that works to support and create programs for those on campus and build relationships with local faith communities: UVic, Selkirk College, SFU, UBC, UNBC, and University of Calgary & Mount Royal University. Our team began with summer training at Camp Pringle alongside the other Campus United Teams.

Campus United UVic this fall has created and run 2 new programs (Belonging Dinners and Creating Space Open Art Studio), and partnered with other people and groups through Multifaith, UVic, and the community. We are grateful to be connected to such a lovely community at UVic, within Victoria and beyond.



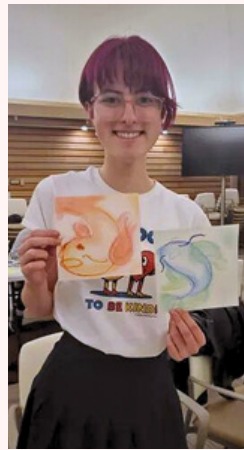
## BELONGING DINNERS

Belonging Dinners runs every second Tuesday out of the Student Wellness Kitchen or Robert Wallace residence kitchen, combining culture, community, story-telling, creating together, and free food for students. Cultural connections through food and community building are important and our aim is to help foster this. Food insecurity is an issue for many students and we want to provide meaningful ways students can access healthy meals. Food is an excellent way to bring people together and we love holding these dinners.

Fall 2023:

Bibimbap (Korean with Min-Goo), Kimchi & Miso (Korean with Min-Goo), Cabbage Rolls (Russian/Ukrainian with Skye), Dal (Indian with Angadh), Sadrza (Zimbabwean with Thembie), Bannock (Indigenous with Edith)

[fb.watch/oAOwj9qWNu/](https://fb.watch/oAOwj9qWNu/)



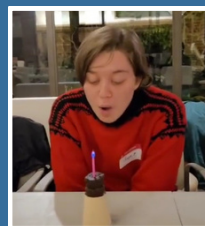
## CREATING SPACE: OPEN ART STUDIO

Creating Space Open Art Studio is an art program where students can come and connect over art making, running alternative Tuesdays to our Belonging Dinners. Our aim is to provide a welcoming and inclusive space, promoting mindful creation and fostering student connections. Providing students with a variety of art materials in a calm environment, to allow students to take a break from the busy, rushed, stressful life of university.



## INCLUSIVE CHRISTIANS UVIC: AROUND THE TABLE CAMPUS COMMUNION

Inclusive Christians UVic believes Jesus is at work in the world, the Spirit guiding us to be active on campus. We have a unique voice as a student group that centers queer and IBPoC voices, following the same Jesus who disrupts the status quo, making space for marginalized people. Around the Table weekly service and soup supper begins with a Christian service, with prayer, song, scripture, communion, and discussion, led by alternating Christian spiritual care providers. Service is followed by dinner, with support from local communities of faith.



## HONOURING SAGE'S TRANSITION

Inclusive Christians UVic hosted a service to honour Sage in his gender transition. We were happy to celebrate this important moment with our friend Sage.

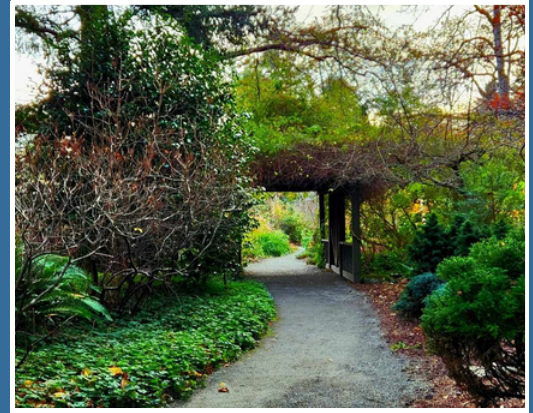
## MUSTARD SEED AND MULTIFAITH FOODSHARE PROGRAM

This foodshare program is a new initiative, striving to provide food for university students through the Multifaith Centre. The food is picked up by volunteering UVic Spiritual Care Providers from the Mustard Seed Street Church's Food Distribution Centre and will be available for students during the week.



## SACRED STEPS

We embarked on a journey of self-discovery through walking meditation, barefoot walking, and nature walks. Through cultivating mindfulness, fostering a sense of wonder, and deepening our connection to the nature world, we have rediscovered the Mystery within ourselves and creation. This program was co-facilitated by Adam Tran (Counsellor), Ruth Dantzer (Anglican Spiritual Care Provider) & Min-Goo Kang (United Church Spiritual Care Provider)



## SATURDAY SOCIAL: PICKLEBALL & PING PONG



Saturdays 6-8 PM at The Centre for Athletics, Recreation and Special Abilities (CARSA) – Field House

Our Saturday evenings have been filled with excitement! We have discovered the joy of bonding through interactive games like pickleball and ping pong in a safe and inclusive environment. This program is for every BODY regardless of age, ability or background.

## LOOKING AHEAD TO THE NEXT TERM - INTRODUCING NAP FOR CHANGE!

Starting January 22, 2024, Mondays 1:30-2:30 PM



Nap for Change is a transformative program that reimagines napping as a powerful act of resistance. This initiative challenges the culture of insatiable busyness, which is deeply intertwined with white supremacy, capitalism, individualism, competition, and binary thinking. Nap for Change invites us to cultivate a space dedicated to collective care and community learning. Our goal is to empower the UVic community to embrace well-being as a priority, confront and dismantle oppressive systems, and drive societal change, all through the radical act of resting. This program will be co-facilitated by Min-Goo Kang (United Church Spiritual Care Provider) and Ruth Dantzer (Anglican Spiritual Care Provider).

# CAMPUS UNITED UVIC

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We at Campus United UVic would like to thank everyone for an amazing fall season and wish everyone a merry Christmas and happy New Year!

We are looking forward to an exciting new year in the spring 2024!



## WAYS TO SUPPORT

By making soup for the Inclusive Christians' weekly communion service.

Donating art supplies for our art-making drop-in program.

Donating to Campus United, specifically for our popular program, the Belonging Dinner.

## CONTACTS & LINKS

Campus United website: [campusunited.ca/](https://campusunited.ca/)

UVic Campus United website: <https://campusunited.ca/university-of-victoria>

Campus United UVic Instagram: [@campusunited.uvic](https://www.instagram.com/campusunited.uvic)

Min-Goo Kang email : [mkang@united-church.ca](mailto:mkang@united-church.ca)

Campus United Facebook: [@CampusUnited](https://www.facebook.com/CampusUnited)

Campus United Instagram: [@campusunited.ca](https://www.instagram.com/campusunited.ca)